

Jonah's Prayer of Thanksgiving



Part II of Jonah 1:17 – 2:10

Isaiah 45:5

5 “I am the LORD, and there is no other; besides Me there is no God. I will gird you, though you have not known Me;”

I Timothy 2:5 & 6

- 5 For there is one God, *and*
one mediator also between
God and men, *the* man
Christ Jesus,
- 6 who gave Himself as a
ransom for all, the testimony
given at the proper time.

(Benefits From Jonah's Prayer) -

I. God hears distress calls.



Psalm 50:15

15 Call upon Me in the day of trouble; I shall rescue you, and you will honor Me.

Psalm 9:9

9 The LORD also will be a stronghold for the oppressed, a stronghold in times of trouble;

Psalm 18:4-6

- 4 The cords of death encompassed me,
and the torrents of ungodliness
terrified me.
- 5 The cords of Sheol surrounded me;
the snares of death confronted me.
- 6 In my distress I called upon the LORD,
and cried to my God for help; He
heard my voice out of His temple,
and my cry for help before Him came
into His ears.

Psalm 41:1

- 1 How blessed is he who considers the helpless; the LORD will deliver him in a day of trouble.

Psalm 77:1 & 2

- 1 My voice *rises* to God, and I will cry aloud; my voice *rises* to God, and He will hear me.
- 2 In the day of my trouble I sought the Lord; in the night my hand was stretched out without weariness; my soul refused to be comforted.

Psalm 86:6-8

- 6 Give ear, O LORD, to my prayer;
and give heed to the voice of my
supplications!
- 7 In the day of my trouble I shall
call upon You, for You will answer
me.
- 8 There is no one like You among
the gods, O Lord, nor are there
any works like Yours.

(Benefits From Jonah's Prayer) -

**II. He is
involved in
my trouble.**



(Benefits From Jonah's Prayer) -

**II. He is
involved in
my trouble.**

- He is at work
in my life.



Philipians 2:13

13 for it is God who is at work in you, both to will and to work for *His* good pleasure.

**(Benefits From
Jonah's Prayer) -**

**III. When I feel
abandoned,
it's a lie.**



“In reflecting upon being
banished from God’s sight
is the thought of being
destined for death
permanently isolated from
God.” – B. Walke

(Benefits From Jonah's Prayer) -

III. When I feel abandoned, it's a lie.

- Presence is
enjoyed as
fellowship is
maintained.



**(Benefits From
Jonah's Prayer) -**

**IV. Hope is
restored by
remembering
God.**



“Sensing that he was about to die by drowning and that his life was ebbing away, in his deepest distress he remembers God as never before.” – L. Feinberg

(Benefits From Jonah's Prayer) -

**IV. Hope is
restored by
remembering
God.**

- God's mercy
goes deep.



**(Benefits From
Jonah's Prayer) -**

**V. God's grace
provides
God's
salvation.**



“Jonah is grateful for the mercy God had shown him. He was alive though he deserved to die. He had not drowned though it was the punishment he had merited. He had experienced the grace of God and he knew it. God had not treated him as his sins deserved. That is the message of the Psalm prayed inside the belly of a fish!” – D. A. Carson

(Benefits From Jonah's Prayer) -

**V. God's grace
provides
God's
salvation.**

- Grace
prompts
thankfulness.



(Benefits From Jonah's Prayer) -

V. God's grace provides God's salvation.

- Grace prompts thankfulness.
- Thankfulness promotes commitment.

