

"I wish you wouldn't think I am such a saint. You seem to imagine that I have no ups and downs, but just a level and lofty stretch of spiritual attainment with unbroken joy and equanimity. By no means! I am often perfectly wretched, and everything appears most murky". (John Henry Jowett, by Arthur Porrit, p. 290).

"A progressive work of God and man that makes us more and more free from sin and more like Christ in our actual lives." – Grudem's Theology

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Growth = Spiritual <u>Health</u>.

II. Growth is essential to joy.

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Void of growth = <u>Defeated</u>
Christian

III. Plenty of wrong views about how to grow and change.

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 "There is a way which seems right to a man...." (Prov. 14:12a)

# Where to Begin

Knowing new life "in Christ" means there is <u>always hope</u> for real and lasting, God glorifying <u>change</u>.